

## Directions to the Yawkey Center for Outpatient Care

### From the North

- Take I-93 south to Exit 26 (Storrow Drive/ Cambridge)

- Follow signs to Storrow Drive (stay left)

- Take Storrow Drive west to Government Center exit (left exit)

- At end of ramp, yield to crossing traffic at flashing traffic signal, then proceed straight

- Turn left onto Cambridge Street at traffic signal

- Turn left onto North Grove Street

- Follow signs to park at the Yawkey Center for Outpatient Care

### From the South

- Take I-93 north to Exit 26 (Storrow Drive)

- Follow signs to Storrow Drive (stay right)

- Take Storrow Drive west to Government Center exit (left exit)

- At end of ramp, yield to crossing traffic at flashing traffic signal, then proceed straight

- Turn left onto Cambridge Street at traffic signal

- Turn left onto North Grove Street

- Follow signs to park at the Yawkey Center for Outpatient Care

### From the West

- Take I-90 east to Exit 18 (Brighton/Cambridge)

- Follow signs to Cambridge/Somerville

- Turn right onto Storrow Drive eastbound to Downtown Boston

- Take Storrow Drive east to Government Center exit

- Follow signs to Downtown/Government Center (Cambridge St.)

- Turn left onto North Grove Street

- Follow signs to park at the Yawkey Center for Outpatient Care

### From the East

- Take I-90 west through the Ted Williams Tunnel
- Follow I-90 west to Exit 24 (I-93 North)
- Take I-93 north to Exit 26 (Storrow Drive)
- Follow signs to Storrow Drive (stay right)
- Take Storrow Drive west to Government Center exit (left exit)

- At end of ramp, yield to crossing traffic at flashing traffic signal, then proceed straight

- Turn left onto Cambridge Street at traffic signal

- Turn left onto North Grove Street

- Follow signs to park at the Yawkey Center for Outpatient Care

Please pay for parking at the Cashier Desk in the Lobby.



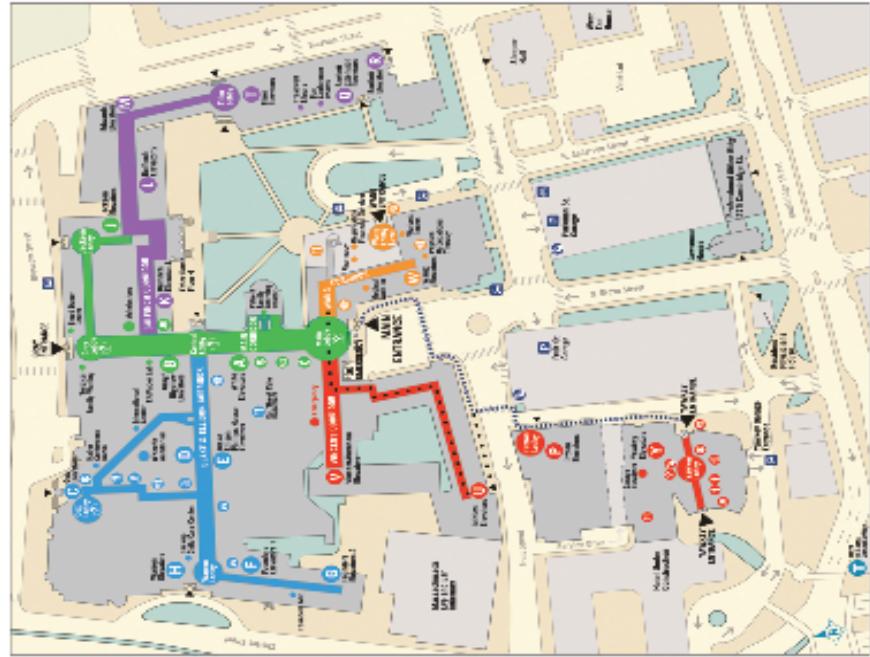
## Stickler Syndrome Clinic for Children and Adults



### Mission statement:

The Stickler Syndrome Clinic will evaluate children and adults for whom the diagnosis of Stickler Syndrome has been raised and will coordinate multidisciplinary care for affected patients.

- MassGeneral Hospital/MassGeneral Hospital for Children
- Yawkey Center for Outpatient Care, Suite 6C, Boston, MA 02114
- Telephone: 617-726-1561
- Director: Ruth Liberfarb, M.D., Ph.D.
- Email: rliberfarb@partners.org
- Web site: [http://massgeneral.org/children/specialtiesandservices/stickler\\_syndrome\\_clinic/default.aspx](http://massgeneral.org/children/specialtiesandservices/stickler_syndrome_clinic/default.aspx)



## Stickler Syndrome Facts

### Stickler Syndrome: Clinical features

- First described by Stickler et al, 1965 & 1967
- Originally called Hereditary Progressive Arthro-optthalmopathy
- Inheritance: Autosomal Dominant, Autosomal Recessive
- Prevalence: 1 in 10,000 – probably under diagnosed
- Penetrance: 100%
- Variable expressivity within a family
- Most common cause of hereditary Retinal Detachment
- Most common cause of juvenile Retinal Detachment
- Genetic heterogeneity
- Support group: Stickler Involved People (SIP) Email: sip@sticklers.org

### Treatment of associated problems:

- corrective lenses; prophylactic laser or cryo retinal treatment; surgery; hearing aids; speech and feeding therapy; physical therapy and appropriate exercise; antiinflammatory and pain medication, referrals to specialists:
  - Ophthalmologist or retina specialist
    - Evaluation needed at least annually or more frequently if medically indicated
  - Audiologist – hearing evaluation is needed every 3-5 years
  - Orthodontist – for a dental evaluation
  - Rheumatologist or orthopedist – for musculoskeletal evaluation
  - Physiatrist – for pain management
  - Specialist in Reproductive Medicine and In Vitro Fertilization
- This Brochure is funded by  
**Stickler Involved People**  
Support group Website:  
<http://www.sticklers.org/sip2/>
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